

HSE Recommended numbers of First Aiders

What degree of hazard is associated with your work activities?	Number of people employed at each location	How many First Aiders are needed?
Low hazard		
eg. shops, offices, libraries	Less than 25	At least one appointed person to take charge of first aid arrangements
	25 to 50	At least one first aider trained in Emergency First Aid at work
	More than 50	At least one first aider trained in First Aid at Work per 100 employed (or part thereof)
Higher hazard		
eg. light engineering and assembly work, food processing, warehousing, extensive work with dangerous machinery or sharp instruments, construction, chemical manufacturing	Less than 5	At least one appointed person to take charge of first aid arrangements
	5 to 50	At least one first aider trained in Emergency First Aid at Work or First Aid at Work depending on the type of injuries that may occur
	More than 50	At least one first aider trained in First Aid at Work for every 50 employed (or part thereof)

Do any of your employees work shifts or work out of hours?

You should ensure there is adequate first aid provision at all times people are at work.

Are the premises spread out across several buildings or floors?

You should consider provision in each building or on each floor.

Do you have sufficient provision to cover absences of first aiders?

You should ensure you have cover for unplanned leave, sickness, annual leave and other planned absences.